

Accented Triple Stroke Rolls



By Bill Stuhly

In this article we'll explore the accented triple stroke roll. The key to achieving a triple stroke is the Down/Bounce/Up motion in the arm/wrist. First play the Down Stroke, then let the stick bounce for the second note, and finally use the up stroke to reset. The following pictures illustrate each basic step in the process:

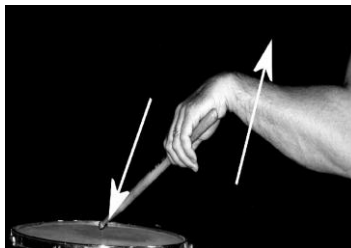
1) DOWN STROKE



2) Let the stick BOUNCE



3) Then play the UP STROKE



Here are the 3 variations with the accent moving down the figure:

3A

3B

3C

As you can see the accent dictates where the Down Stroke falls.

Try these combo exercises

3A w/3B, 3C

1)

2)

3)

4)

5)

6)

7)

