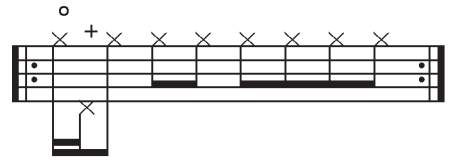
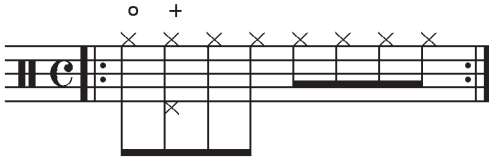


THE LONG AND SHORT OF IT HI HAT FOOT PRECISION PART 1

by Michael Green



video link:

<http://www.youtube.com/watch?v=6O2LtxCRQOo>